

**HAWAIIAN SWIMMING**  
**Oahu A+ Meet (SCY)**  
**Veterans' Memorial Aquatic Center**  
**Saturday, February 20, 2010**

- SPONSORS:** Hawaiian Swimming and **Rainbow Aquatics**
- SANCTION:** Held under the sanction of USA Swimming  
Hawaiian Swimming Sanction No.: **HI20100220-OAHU**
- VENUE:** Veterans' Memorial Aquatic Center - Central Oahu Regional Park  
94-801 Kamehameha Highway, Waipahu, HI 96797
- COURSE:** Short Course, 25 Yards, 10 lanes  
Racing Start Depth: Minimum 6'0"
- SCHEDULE:** Saturday, February 20, 2010  
SESSION 1: Warm Up: 7:30 AM - 8:15 AM  
Races Start: 8:30 AM  
SESSION 2: Warm Up: Immediately after the conclusion of Session 1  
Races Start: Approximately 1 hour after the conclusion of Session 1
- DEADLINES:** Meet Entries: E-mail by Monday, February 15, 2010  
USA-S Registration: Postmark by Monday, February 15, 2010
- MEET DIRECTOR:** Nadine Owen (808-371-1549); [nadine@owenohana.com](mailto:nadine@owenohana.com)
- MEET REFEREE:** Mei Nakamoto
- ENTRY CONTACT:** Nadine Owen (808-371-1549); [nadine@owenohana.com](mailto:nadine@owenohana.com)
- ENTRY FEES:** \$2.00 per Individual Event. Entry fees must accompany entries OR be submitted to Clerk of Course upon check-in. No refunds will be made.  
Make checks payable to: **Rainbow Aquatics**
- RULES:** Current USA Swimming and Hawaiian Swimming rules govern the meet.
- FORMAT:** Timed finals.
- TIMING:** Automatic timing system with manual backup.
- EVENTS:** See attached Order of Events.
- DIVISIONS:** 10&U, 11-12, 13-14, 15-16, and 17-18.
- ELIGIBILITY:** All athletes must be currently USA Swimming registered and their registration number must be included in the entry file. All NEW registrations must be mailed directly by each Club Registrar to the LSC Registrar. New registrations must be POSTMARKED NO LATER than the registration deadline listed above. No deck registration will be accepted. **Note: It is the legal responsibility of each club to ensure that each athlete entered is USA Swimming registered for the current year.**
- ENTRIES:** Athletes may enter a maximum of **four (4) Individual Events**. Athletes are limited to entry in one (1) session.

Entry is limited to athletes who have achieved the Hawaii HI-A time standard or faster for their age group in at least one of the events offered. Athletes are permitted to compete in events for which they do not meet the HI-A time standard provided they have achieved the meet entry requirement of at least one (1) HI-A time.

Entries must be RECEIVED NO LATER than the date and/or time listed above. No late entries will be accepted at the meet. Fines for swimming out of classification will be based on the LSC database results of the past 2-year schedule.

Entries must be submitted electronically using Hy-Tek Team Manager and include:

- 'Teams Report' with entry person contact information (from the Hy-Tek Administrative report menu).
- 'Meet Entry Fees Report' (from the Hy-Tek Performance-4.0 or Meet Reports-5.0 report menus).

**SCRATCHES:** Scratches of Individual Events for Session 1 are due to the Entry Contact person by noon on the day prior to the scheduled start of the meet.

Scratches of Individual Events for Session 2 are due to the Clerk of Course 30 minutes after the scheduled start of Session 1.

Coaches need to present their credentials to the Clerk of Course to pick up scratch sheets and heat sheets. Exceptions must see the meet referee.

**WARM-UPS:** Warm-ups must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Meet Marshals will enforce registration rules regarding coaches. Disregard of USA Swimming safety rules will be grounds for disqualification of athletes from competition.

**AWARDS:** Individuals will be awarded ribbons for 1<sup>st</sup> through 8<sup>th</sup> place in each age group division and classification of: HI-AA (and higher), HI-A, and lower than HI-A (and NT).

**RESULTS:** Results will be posted on the Hawaiian Swimming website: [www.hawaiianswimming.org](http://www.hawaiianswimming.org)

**OFFICIALS:** Each team is required to provide one (1) official for every five (5) athletes entered in the meet. For those clubs entered with less than five (5) athletes, at least one (1) official will be required. Timers are considered officials. Teams may be pre-assigned timer lanes.

**HOSPITALITY:** Refreshments will be available for Officials and Coaches during the meet.

**CONCESSION:** Concessions will be available during the meet.

**ADDITIONAL:**

- Parking is permitted ONLY in marked stalls.
- ONLY officials, timers, coaches, and athletes may be on the pool deck. Athletes are to return to their team area soon after they have completed their events.
- Park and pool rules WILL BE STRICTLY ENFORCED.
- USE OF CELL PHONES, CAMERAS, AND OTHER RECORDING DEVICES IN BATHROOMS OR LOCKER ROOMS IS STRICTLY PROHIBITED.

**HAWAIIAN SWIMMING**  
**Oahu A+ Meet (SCY)**  
**Veterans' Memorial Aquatic Center**  
**Saturday, February 20, 2010**

**ORDER OF EVENTS - SESSION 1**

<b>GIRLS</b>	<b>DIVISION</b>	<b>STROKE</b>	<b>BOYS</b>
1	11-18	50 Butterfly	2
3	11-18	200 Butterfly	4
5	11-18	100 Breaststroke	6
7	11-18	200 Backstroke	8
9	11-18	50 Backstroke	10
11	11-18	200 Individual Medley	12
13	11-18	100 Freestyle	14
15	11-18	200 Breaststroke	16
17	11-18	50 Breaststroke	18
19	11-18	100 Butterfly	20
21	11-18	50 Freestyle	22
23	11-18	100 Backstroke	24
25	11-18	100 Individual Medley	26
27	11-18	200 Freestyle	28

**ORDER OF EVENTS - SESSION 2**

<b>GIRLS</b>	<b>DIVISION</b>	<b>STROKE</b>	<b>BOYS</b>
29	12 & U	50 Butterfly	30
31	12 & U	100 Breaststroke	32
33	12 & U	50 Backstroke	34
35	12 & U	200 Individual Medley	36
37	12 & U	100 Freestyle	38
39	12 & U	50 Breaststroke	40
41	12 & U	100 Butterfly	42
43	12 & U	50 Freestyle	44
45	12 & U	100 Backstroke	46
47	12 & U	100 Individual Medley	48
49	12 & U	200 Freestyle	50

- Entry is limited to athletes who have achieved the Hawaii HI-A time standard or faster for their age group in at least one of the events offered.
- Athletes are permitted to compete in events for which they do not meet the HI-A time standard provided they have achieved the meet entry requirement of at least one (1) HI-A time.